

# OAKLAND PRESS

## SUBURBAN LIFE

### Samaritas Senior Living of Bloomfield Hills celebrates ‘International Day of Happiness’

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*Betsy Rockett decorates smiley face sugar cookies for people who are homeless in the community. Photo submitted by Lynne Golodner*

This month, inspired by the International Day of Happiness on March 20, Samaritas Senior Living of Bloomfield Hills hosted several “happiness initiatives” for its residents.

Gail Marlow from [Motor City Mitten Mission](#) taught the senior citizens to make “plarn,” yarn made from plastic grocery bags and woven into mats that homeless individuals can use to sleep on, protect themselves from bedbugs, and keep warm. The Samaritas seniors also made 200 bag lunches, in conjunction with [Operation Love Our Homeless](#), to be distributed the next day.

On March 20, residents, staff and guests made a wall of Post-it notes at the independent and assisted living center, sharing what they are thankful for and happy slogans and notes.

Samaritas provides residential communities for seniors and persons with disabilities through assisted living, skilled nursing and memory care. Affordable living residential communities are available for independent seniors, families and persons with disabilities. Samaritas Senior Living is located at 6257 Telegraph Road, Bloomfield Hills. For more information, visit [www.samaritas.org](http://www.samaritas.org).

– Submitted by Lynne Golodner